



Exumas Cruising Guide

Day 1 – New Providence

Begin your seven-day Bahamas adventure from the island of New Providence, boarding your yacht and heading out for an afternoon of watersports and relaxing on the sundeck. Pass your first evening by unwinding with sunset cocktails.



Day 2 – Highbourne Cay

Depart in the morning for Highbourne Cay, the 'Gateway to the Exumas'.

Once anchored or moored at the marina, explore the white sugar-sand beaches and stop to free dive or snorkel. Visit the sandbar on the western side of Saddleback Cay for excellent sandollar hunting before enjoying dinner at Xuma restaurant while you watch the sunset and taste sumptuous Bahamian dishes.

The private island is lined with eight beaches that stretch along its 2.5 mi (4 km) coast. East Beach, the largest on the island, is world-renowned as a three-mile oasis of powdery-so white sand and is recognized as one of the best beaches in the Bahamas.



Day 3 – Shroud Cay

The Exumas Land and Sea Park provides unparalleled means to appreciate the region's natural beauty. Shroud Cay has a variety of pristine creeks that weave through untouched mangrove forests, which can be navigated using waver runners or tenders, giving adventurers a chance to truly lose themselves in nature.

Here you can explore the creeks that are tidal pathways through the mangrove forest, acting as a natural nursery for juvenile fish, sharks, crawfish, and more.



Day 4 – Waderick Wells

Continue South to Waderick Wells, offering three protected anchorages, plus excellent elevation and nature trails. Visit the skeleton of a 53' Sperm Whale, then enjoy a hike to Boo Boo Hill, which overlooks the Exuma Sound, for a spectacular view.



Day 5 - Compass Cay

Next up is Compass Cay, a private island boasting beautiful sandy beaches, mangrove creeks and flats, rugged shores, tidal creeks and hilly vistas. A must-see are the friendly nurse sharks, who linger around the island's own marina, while Rachel's Bubble Bath, where swells break and bubble over the rocks into a shallow bath, is also a major attraction.



Day 6 – Staniel Cay and Big Majors Spot

Staniel Cay, which encompasses Big Majors Spot, is the area most commonly referred to as the “Exumas.”

After snorkeling Thunderball Grotto, as seen in such films as “Thunderball” and “Splash,” make your way to Big Majors Spot, which is home to the most unique experience the Bahamas has to offer: swimming with wild pigs!

These animals are always hungry for kitchen scraps and will swim right up to your tender to beg for more. After a long day in the water, rest your weary limbs at the famous Staniel Cay Yacht Club with a KALIK, a Bahamian beer, while watching fishermen clean their daily catch and feed the nurse sharks lurking beneath the docks.



Day 7 – New Providence

Head north to Albany Marina, New Providence, and enjoy some of the resort's amenities, including world class sport and dining, before your journey home.





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