

Cruising Guide



Spanish Coast

Enjoying an enviably glowing climate, the unfettered liquid gold of the sun and numerous beaches of gorgeous ivory sand will take your breath away. Dripping with vibrant culture, avant-garde cuisine and breathtaking landscapes, a trip to Spain's exclusive costas will thrill and astonish even the most world-weary traveller.

For a luxurious escape into the heart of Spain's most exclusive and beautiful destinations, slip down the shore to the top chic costas and soak in the unabated sun and sublime relaxation on offer. When you visit the glorious Spanish Coast, be sure to make the most of the traditional convention of afternoon siesta. When sundown comes, Spain rouses itself from dreams and steps out into the night to live life to the fullest.



Balaeric Islands

Composed of 4 main islands and numerous islets, the Balearic Islands are the ultimate haven of Mediterranean tranquility. Bolstered by a halcyon climate, this breath-taking archipelago is home to a multitude of pearl-white beaches, waters of a luminous azure, and genial inhabitants.

Enjoying excellent weather with more than 300 days of sunshine annually, it is easy to see why so many travellers have been loath to leave at the end of their vacations and have made the Balearic Islands their permanent home. Each of the main islands, and diminutive islets, have a personality all their own, as well as unique cultural attractions and landscapes. The Balearic Islands offers so much more than just sun, sea and sand: this is the ultimate Spanish island destination.







Sardinia

Sitting off Italy's celebrated west coast, the sublime island of Sardinia is a complex patchwork of Franco-Italian culture. With a pearly coastline perfect for soaking up the sultry Mediterranean sun and crystalline water of the deepest blue where every inch of healthy reef is infused with the dream-like beauty of thriving coral beds and diverse marine life.

Sardinia is the second largest island in the Mediterranean: approximately 250 kilometres from north to south and 110 kilometres from east to west, the stunning landscape is incredibly varied, from white sandy beaches along the coast to mountainous terrain at the island's centre.

Corsica

Nestled on the western side of the luminous Mediterranean, Corsica is ablaze with year-round sunshine, opulent silver-sand beaches and spectacular mountain scenery. A rugged mountain range spans almost two thirds of this majestic island, creating a backdrop of sheer natural beauty that is breathtaking to behold.

Described by Balzac as 'a French island basking in the Italian sun", the vibrant allure of both French and Italian culture resonate throughout the island. The major areas of interest on Corsica are Ajaccio and the west coast, the peninsula of Cap Corse to the north, and the southern tip known as L'Extreme Sud. Each offers rare opportunities for the discerning traveller, from sporting events to cultural festivals, all in a relaxed and relaxing atmosphere.

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Sicily

Blessed with a rich cultural history, captivating beaches, bustling harbours and amiable people, the landscape of this richly endowed island flows easily from rugged mountains to rolling hills scattered with lemon groves and cornfields as they sweep towards the sea.

"To have seen Italy without having seen Sicily is to not have seen Italy at all, for Sicily is the key to everything." These are the words of the philosopher Goethe, which epitomize the feeling of those who know the true Sicily. Too often this idiosyncratic island is glossed over when it comes to travel plans, due to fears of violence or crime. The Sicily of today plays host to a multitude of gorgeous and ancient landscapes, coupled with a stable economy and inhabited by a gregarious and joyful people.

Aeolian Islands

Once a secret Mediterranean escape for enlightened island-lovers, the seven volcanic gems that form the major Aeolian Islands are finding it difficult to keep their captivating beauty a secret. Alluring thermal resorts, water sports and glowing beaches make these small paradises yachtsmens' havens.

The unique beauty and character of each individual island has seen the entire chain listed on the UNESCO's World Heritage list since 2000. Cruising the waters in this unspoilt part of the world affords limitless opportunities to discover and explore this remarkable chain of islands in your own time. Each has something different to offer, and whatever you desire from your holiday, the Aeolian Islands will proudly and undeniably provide.

The floating gems of Lipari, Vulcano, Salina, Panarea, Stromboli, Alicudi and Filicudi lie north off the coast of Sicily, stretching between the looming presence of Mt Etna and the frightening beauty of Vesuvius above Naples.





Italian West Coast

Beckoning invitingly to the Tyrrhenian Sea, the Italian West Coast's volcanic headland lures discerning travellers towards its sun-sparkled sea, simply glistening with possibilities. A fascinating area of historical wealth and natural beauty, the west is Italy at its most imposing.

Tuscan Archipelago

Off the northwest coast of Italy lies a rustic slice of Mediterranean paradise divided amongst the seven islands of the Tuscan Archipelago; Elba, Giglio, Giannutri, Capraia, Gorgona, Pianosa, and Montecristo. Surprising, unique and a true natural treasure, the Tuscan Archipelago is a real discovery.

This alluring chain of dramatically unique islands is fabled to have been formed from the pearls of Venus, lost as she swam in the crystalline waters of the Mediterranean. Wilder and less refined than its Mediterranean neighbours, the Tuscan Archipelago is no less spectacular. A place of sea, sun and culture, the Archipelago is a rare piece of the world offering all the luxury of modern-day life without compromising its landscape, coast, mountains and forests.





Italian Riviera

Known colloquially as the City of Flowers for its colourful summer blooms, San Remo also stages an annual music festival (the supposed inspiration for the Eurovision Song Contest) and the world's longest professional one-day cycling race, the 298km Milan–San Remo classic.

During the mid-19th century the city became a magnet for regal European exiles, such as Empress Elizabeth of Austria and Tsar Nicola of Russia, who favoured the town's balmy winters. Swedish inventor Alfred Nobel maintained a villa here, and an onion-domed Russian Orthodox church reminiscent of Moscow's St Basil's Cathedral still turns heads down by the seafront.

Beyond the manicured lawns and belle époque hotels, San Remo hides a little-visited old town, a labyrinth of twisting lanes that cascade down the Ligurian hillside. Curling around the base is a 25km bike and walking path that tracks the coast as far as Imperia, following the course of a former railway line and passing through the town's two character-filled harbours.

Cote D'Azur

With its nearly tropical climate, azure water and a cerulean sky that attracts yacht lovers all year round, the Côte d'Azur is a sumptuous destination. Notorious for its indulgence and hedonistic lifestyle, the Côte d'Azur has two sides to her glittering coin: an idyll of magnificent back-country to compete with the vivid pulse of chic seaside enclaves.

Also known as the French Riviera, this strip of coastline is home to some of the world's most spectacular destinations: Cannes, St.Tropez, Monaco and many more. Over the centuries, numerous artists have called the Côte d'Azur home: Picasso, Renoir, Matisse and Chagall. Its rocky hillsides are capped with medieval stone villages, all of them virtually untouched. Nestled between the majestic Alps and the deep blue of the Mediterranean, hillside villas combine with sun-soaked beaches to create a breath-taking fusion of ancient history and modern elegance.



Itinerary

Embark in Port Vendres Lunch on board and toys in water Depart for Barcelona

Distance from Port Vendres to Barcelona: 81.97nm @ 13 knots = 6hrs 18mins

Arrive in Barcelona

Barcelona is one of the country's most sophisticated cities. Barcelona is all about innovative style, bold design and all things avant-garde so fashionistas will be easily satisfied as will those looking for lively bars and five-star restaurants.

Visit the Museu Picasso, La Catedral or if you fancy a bit of shopping the Mercat de la Boqueria. La Sagrada Familia - If you have time for only one sightseeing outing, this should be it. La Sagrada Família inspires awe by its sheer verticality, and in the manner of the medieval cathedrals it emulates, it's still under construction after more than 100 years. When completed, the highest tower will be more than half as high again as those that stand today.

Distance from Barcelona to Tarragona: 44.75nm @13 knots = 3hrs 27mins

Arrive in Tarragona

Sitting on the Costa Dorada, Tarragona is the main city of a province of the same name and is home to a notable yachting and fishing port that definitely warrants a visit. Beautiful beaches, ancient vestiges and picturesque towns highlight the region and invite nature-lovers ashore with immense natural gardens and parks ripe for exploration.

Tarragona has a wealth of ruins, including a seaside amphitheatre, so why not anchor off and enjoy a leisurely morning on board, a late brunch followed by an afternoon of exploring.

Distance from Tarragona to Valencia: 123.68nm @ 13 knots = 9hrs 31mins

Arrive in Valencia

Wake up in the beautiful city of Valencia

Food aficionados will be craving their arrival in Valencia, the birthplace of the ubiquitous Spanish dish, paella. This city is also the home of the prestigious America's Cup and has a long and proud sailing history. Enjoy the delicious dishes on offer, explore the tremendous beaches or peruse any one of the historical marvels on show. Never afraid to innovate, Valencia diverted its flood-prone river to the outskirts of town and converted the former riverbed into a wonderful green ribbon of park winding right through the city.

Distance from Valencia to Alicante: 68.45nm @13 knots = 5hrs 16mins

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Arrive in Alicante

Today brings the arrival in the Costa Blanca where you will find sublime sandy stretches, peaceful villages and a vibrant nightlife. Dock at the city of Alicante where time is easily spent browsing the chic boutiques, exploring the old town, or sipping cocktails in one of the many bars. Enjoy a private walking tour of the city, discover all its main landmarks and monuments as well as all of the local crafts and taste local products like the well know sangria!

Distance from Alicante to Formentera: 90.18nm @ 13 knots = 6hrs 56 mins

Arrive in Formentera

Visit the smaller of the Pitiusan Islands today and relax with the white sand beaches and graceful sunsets of Formentera. Definitely a place of peace and relaxation, enjoy a soothing night onboard under the stars. The Captain & Crew will find a secluded anchorage and beach to set up a beach BBQ and spend the afternoon relaxing.

Suggested Restaurants

Juan y Andrea - Clebrity hot spot, highly regarded, a place not to be missed 10.7 - New hotspot, good for lunch and sunsets

Distance from Formentera to Ibiza: 13nm @ 13 knots = 1 hour

Arrive in Ibiza

Most visitors arrive on the island of Ibiza for one purpose; partying until dawn. Though its reputation for crazed nightlife is indeed true, one half of this stunning island is covered in gorgeous pine forest and offers a multitude of lush idylls and serenity. Quiet beaches and coastal walking trails are just as easy to find as packed clubs and pulsing music. Scattered along the north are a handful of renovated country houses offering rural sanctuaries for those with a more nature-oriented escape in mind. Fun day on the beach and playing with water sports.

Find a secluded beach for a beach bbg

Distance from Ibiza to Palma: 68.95nm @ 13 knots = 5hrs 18mins

<u>Arrive in Palma</u>

Arrive in Club de Mar, Palma during the morning and in time for either lunch on board or in one of the many local restaurants ashore.

Palma is a relatively undiscovered gem, mostly bypassed by mass-tourism as the packageholiday buses head straight for the beaches and resorts. Palma deserves at least a day of your time – the old town around the cathedral is wonderful, the Passeig de Born is home to some chic boutiques, and the area around the Placa Llotja is a delightful blend of bars, cafes, and historical buildings.



Cruise around to Soller / Andratx and enjoy a bicycle exploration of Soller / Andratx and surrounding area. Various routes straight out of the port with varying gradients. Lunch ashore at either

Puro Beach - Delicious Grill and Seafood in a stunning beachfront setting. Best for lunch Tristan Mar - Former Michelin starred restaurant (and was the King's favourite no less) that now focuses on serving excellent fish dishes in a more relaxed atmosphere, again best for lunch.

Distance from Palma to Ciudadella: 60.07nm @ 13 knots = 4hrs 37mins

Arrive in Ciudadella

End your Balearic adventure from the beautiful island of Menorca and the interesting city of Ciudadela. Explore the old town with its pretty churches and palaces or traverse the coastline and discover rocky inlets hiding cove-style beaches before enjoying a relaxing evening on board. With 216 kilometers of coastline hiding caves and secluded stretches of sandy beach, exploring Menorca from the sea allows for a true experience of discovery. This is one of the few places in the Mediterranean where it is possible to have a beach all to yourself, even in summer. Therefore take the opportunity to take the watertoys out and enjoy a secluded beach BBQ.

Distance from Ciudadella to Sardinia: 202.78nm @13 knots = 15hrs 36mins

Arrive in Sardinia

Not only is Sardinia stylish, but it's every inch the good looking Italian town as well. The best way to appreciate the beauty of the Sardinia and its host of islands is from the sea. Famous the world over, the beaches of Sardinia are truly something that must be seen to be believed. Explore the coastline and outlying islands and find your own private cove to swim and sunbath. Scuba diving here is also first-class, Sardinia's clear water offers great visibility for the novice diver as well as the seasoned professional.

Anchor off the Patrizia Hotel. Get the toys in the water and have a morning relaxing and playing in the bay before lunch at the hotel, with your yacht in view.

Depart for Porto Cervo, a short cruise for shopping in town, berthed in Old Port.

Distance from Porto Cervo to Porto Vecchio: 34nm @ 13 knots = 2hrs 16mins

Arrive in Porto Vecchio

Enjoy a leisurely afternoon at anchor on board and watch the sun go down with cocktails and hors d'oeuvres. Take the yacht's tender a shore and enjoy dinner at the Le Belvedere. Enjoy a morning of water toys and then why not try The Casadelmar for lunch.

Distance from Porto Vecchio to Bonifacio: 24nm @ 13 knots = 1hr 45mins

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Arrive in Bonifacio

Arrive in the incredible harbour of Bonifacio. Partake in some of the yachts water sports overlooked by its imposing citadel and swim in the tranquil waters.

Pleasant days are easily whiled away on this beautiful island. Whether you choose to explore the coastline by yacht or spend most of your time on land, stunning scenery is guaranteed. Onshore, visit the bustling waterfront town of St. Florent, home to top restaurants, a sheltered bay and a nu,ber of sheltered bays and coves.

Relaxing morning on board

Lunch a shore, try the ever attentive Pedrinelli's Pedrinelli

Distance from Bonifacio to Palermo: 272.39nm @ 13 knots: 20hrs 58mins

Arrive in Palermo, Sicily

A morning's cruise will bring you to Palermo, Sicily's history-rich capital. Its exotic influences are reflected in its architecture and cultural traditions; a mix of Asian, African and European. Its principle historic attractions are the Cathedral, the Royal Palace, the Capuchin Catacombs and the Monreale church.

Palermo is a large town, but easy to get acround if you use the main streets of Via Roma and Via Maqueda as reference points. As well as culture and history, the food is good too, there are some great restaurants in the city, including Le Antiche Mure, Charme, Charlestone and Pizzo & Pizzo.

Distance from Palermo to Cefalu: 31.25nm @ 13 knots = 2hrs 24mins

Arrive in Cefalu

Cefalu, just a short 29 mile hop from Palermo, is a small town with an imposing Norman Cathedral. History buffs can enjoy inland excursions, for example, to the park of Madonie with its characteristic villages perched on the side of a mountain and wine tasting at one of the island's best wineries.

Restaurants that are highly recommended include Trappito or the Vecchia Marina.

Distance from Cefalu to Lipari: 50.98nm @ 13 knots = 3hrs 55mins



Arrive in Lipari

Lipari is the largest Aeolian Island and is home to the grandest restaurants and most vibrant after-dark scene in the entire island chain. With its two harbours, generous Ponente Beach, and captivating ruins, the island makes an excellent base for exploring the other Aeolians. Vulcano lies very close to Lipari so makes an easy day trip. The island is famous for its volcano, the Gran Cratere, which provides the island with amazing natural mud baths that boast surprisingly good benefits for the skin.

Distance from Vulcano to Panarea: 15.2nm @ 13 knots = 1hr 10mins

Arrive in Panarea

The much tinier Panarea provides a luxurious change with its timeless hotels and gracefully relaxed bars where delicious cuisine and spectacular views are bountiful. Anchoring off Panarea allows for perfect exploration of the island's many dazzling bays by day, and immersion in its animated evening scene by night.

Perhaps grab some dinner a shore in one of the many restaurants or enjoy a leisurely evening on board with an Italian themed night for you and your guests.

Distance from Panarea to Scario: 87.1nm @ 13 knots = 6hrs 42mins

Arrive in Scario

Scario, the quintessential and pristine fishing village that remains unspoiled. He port, lined with cafes and artisan shops, is a haven for leisurely mornings. Don't miss the ancient church and bell tower and dine in Sandro's famous restaurant Lo Scoglio.

Distance from Scario to Amalfi / Positano: 54.09nm @ 13 knots = 4hrs 10mins

Arrive in Amalfi & Positano

Wander and linger in the ancient and colourful town of Amalfi or venture further inland to the ruins of Pompeii. Experience the excellent cuisine of Hotel San Pietro in an exceptional setting. Pastel-washed houses terrace down the mountain at the artist community of Positano. Visit the Ancient Town, the "Civic Tower", the old churches and the Grotta di Smeralda; an underground sea cave near the village of Conca dei Marini. Time for watersports and dining onboard under the stars or at the famous Di Paolino restaurant.

Distnace from Positano to Capri: 12.37nm @ 13 knots = 57mins

Arrive in Capri

As one of Italy's most romantic ports of call, the island of Capri offers the bustling capital of Capri Town on the east with its smart trattorias, galleries and boutique-riddled side streets. Sail west for the more serene locations of Anacapri where you will sun bed-strewn beaches, unique crafts, and fine local food and wine. Spend your evening enjoying the sophisticated ambience of Capri.

Have lunch at La Fomtelina in Marina Piccola or Add'o Riccio or dinner in some of the famous restaurants like the Lemon Tree, set in the open air in the midst of a lemon orchard. Take the yacht's tender and join the rowing boat excursion to the surreal Blue Grotto, a 60-meter long cavity known since Roman times.

Distance from Capri to Naples: 17.89nm @ 13 knots = 1hr 23mins

Arrive in Naples

In the shadow of Vesuvius and the 2000-year-old ruins of Pompeii, relax onboard as you begin your cruise through the Bay of Naples, maybe stopping to take in the beautiful town of Sorrento. Famous for Limincello and its amazing views over the Gulf of Naples being made up of high cliffs and luxury hotels.

Maybe stop off at Marina di Stablia and partake in a VIP tour of Pompeii.

Distance from Naples to Ischia: 16.21nm @ 13 knots = 1hr 15mins

Arrive in Ischia

Besides the island's classic, virtually untouched natural beauty, Ischia draws most travellers to its shores with the promise of the healing benefits of its hot springs which are believed to offer both beauty and health benefits. Stroll the pretty streets of Ischia's main town before heading around to Casamicciola and indulging in the area's famed natural spas.

Distance from Ischia to Rome: 93.65nm @ 13 knots = 7hrs 12 mins

<u>Arrive in Rome</u>

Wake up in the beautiful city of Rome & enjoy the historical sites. Take a tour of the Vatican, see the Vatican Museum's secret rooms or visit the wonders of the Sistine Chapel. Lunch a shore at one of the many fantastic restaurants and return to the yacht for cocktails and hors d'oeuvres before dinner.

Distance from Rome to Giglio: 73.81nm @ 13 knots = 5hrs 41mins



Arrive in Giglio

You will find on Giglio perhaps the very best fishing of all the islands, and it is a top spot for dropping anchor and casting a line. Beach-lovers can enjoy any one of the lovely sandy stretches along the 28km coastline or head to Bay of Campese for top surfing and or sailing pursuits. The picturesque port is a scenic site to spend the night.

Distance from Giglio to Elba: 38.88nm @ 13 knots = 3hrs

Arrive in Elba

Porto Ferraio is the largest city and biggest port on Elba that makes an excellent base for the day. The Port is surrounded by delectable shops and cafes and if you time it right, the town often hosts a range of cultural events, sporting competitions, concerts, fairs, and Sailing Regattas. Elba is sprinkled with coastal towns that are a joy to explore while its towering mountainous interior plays host to ancient mining villages.

Anchor off the island and enjoy a day of water sports or a relaxing day swimming and taking in the local sites.

Distance from Elba to Capraia: 22.36nm @ 13 knots = 1hr 43mins

Arrive in Capraia

Set sail today for the volcanic island of Capraia, situated at the very top of the Archipelago. The island is an excellent spot for diving with its amazingly diverse ocean floor and countless underwater caves. Due to its volcanic origins, it supports an exotic array of marine life and archaeological ruins to explore.

Distance from Capraia to Portofino: 80.55nm @ 13 knots = 6hrs 12mins

Arrive in Portofino

Cruise into the absolutely divine hideaway of Portofino. Home to five-star hotels for premier spa experiences, and dotted with designer stores, this tiny seaside town is brimming with luxury offerings. One of Italy's oldest and most scenic Golf courses are minutes away, while the world below the water is rich in marine life perfect for snorkelling. However, you choose to spend your few days on the Riviera, gorgeous views and exclusivity are a guarantee.

Distance from Portofino to Sanremo: 68.41nm @ 13 knots = 5hrs 16mins

Arrive in Sanremo

Cruise leisurely towards the lively seaside town of San Remo. Home to the Castellaro Golf Club , this stop is the perfect opportunity to relax in style.

Play nine holes on the scenic golf course or head inside the first-class club and enjoy a Turkish Bath or beauty treatment. For family activities, take to the tennis court, bicycle paths or horse-riding trails.

Distance from Sanremo to Monaco: 15.32nm @ 13 knots = 1hr 11mins

Arrive in Monaco

Set sail towards the shining sands of Monaco. Arriving at the port in Monte-Carlo is an experience in itself, offering unforgettable views of the tiny country laid out before you. Spend the day browsing designer boutiques or relaxing on any one of the gorgeous beaches, before dressing up and enjoying an evening in the famous Monte-Carlo Casino.

Distance from Monaco to Villefrance-Sur-Mer: 5.32nm @ 13 knots = 25mins

Arrive in Villefranche

Arrive into the natural harbour at Villefranche-Sur-Mer. A pleasant anchorage protected from all but the southerly winds, Villefranche is a wonderfully french village, rich in authentic restaurants and beach-front bars that make for a truly relaxing evening.

After a morning spent exploring the alluring Villefranche streets, maybe take in an afternoon on board relaxing on deck with a cocktail or two!

Distance from Villefrance-Sur-Mer to Cannes: 16.07nm @ 13 knots = 1hr 14mins

Arrive in Cannes

For a slice of traditional sea-faring charm, dock at the old port which sites close to a number of charismatic shops and restaurants. Porto Canto lies further from the centre of Cannes but offers every convenience of a world-calss marina, and is temptingly close to the casino. Spend the day in one of the city's chic cafes or indulge in pure luxurious fashion at an exclusive spa. In the evening, dine in total sophistication at a Michelin award-winning restaurant or enjoy a creative cocktail on the waterfront.

Distance from Cannes to St Tropez: 23.42nm @ 13 knots = 1hr 48mins

Arrive in St Tropez

Anchor off Pampelonne Beach, synonymous with Brigitte Bardot

Lunch a shore at Le Club 55, where poisson froid washed down with some Pampelonne Rose might be the order of the day!

Such is the glamourous and vibrant nature of St Tropez, that several days could be spent exploring the fashionable streets and enjoying the sun on the golden beaches.





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